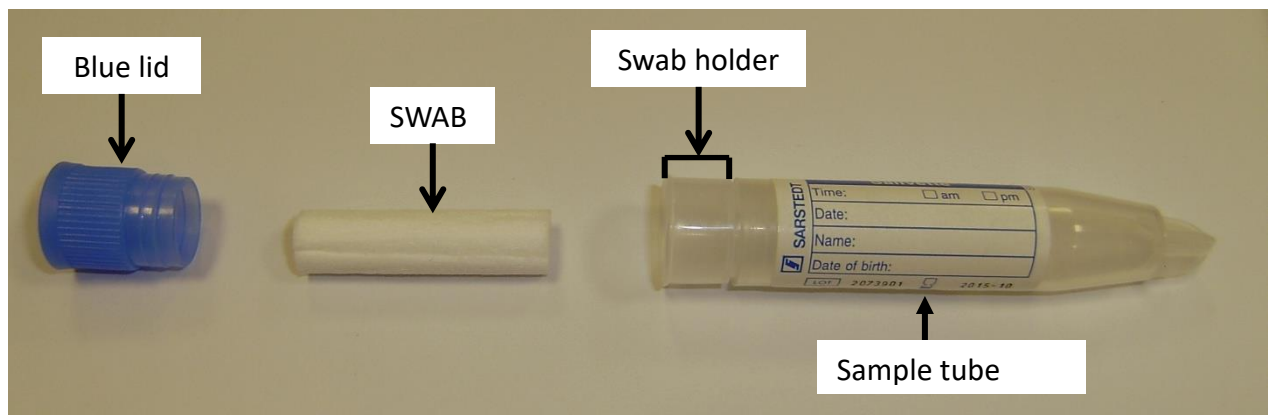


# 1 Patient Instructions

## 1.3 Saliva Collection Instructions

1. Collect the saliva at the time specified by your Doctor. If a morning or evening collection, ensure collection is performed **before** you brush your teeth. **Do not** eat or drink for 30 minutes before performing the collection.
2. Remove the blue lid and remove the swab from the device. Do not remove the swab holder from the sample tube.



3. Gently chew the swab for approx. 1 minute or until you feel that you can no longer prevent yourself from swallowing the saliva produced.
4. Replace the swab back into the sample tube and firmly replace the lid.
5. Complete the label on the tube, ensuring your name and date of birth and the date and time of collection are clearly stated.
6. Place the tube inside the plastic bag along with the request form from your Doctor. Seal the plastic bag to ensure the contents of the bag are secure.
7. Return to the laboratory. If necessary, store the sample in the refrigerator until the sample can be returned to the laboratory. The sample should be returned to the laboratory as soon as possible the following day.